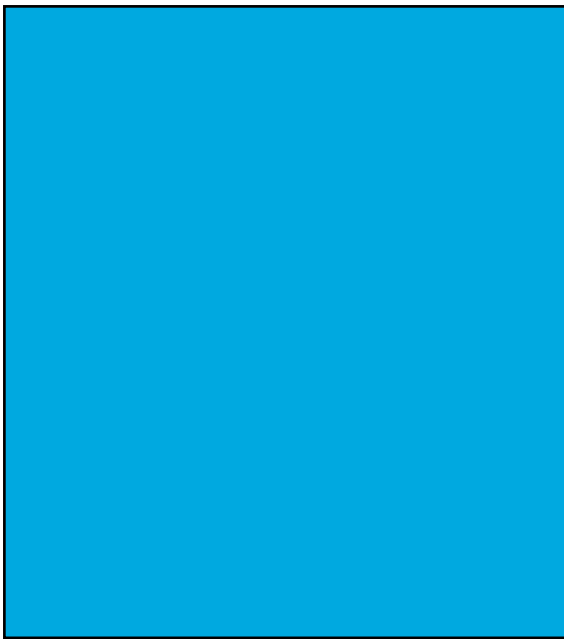




Karen Nutter

Professional Speaker & Trainer
Executive Coach and Author





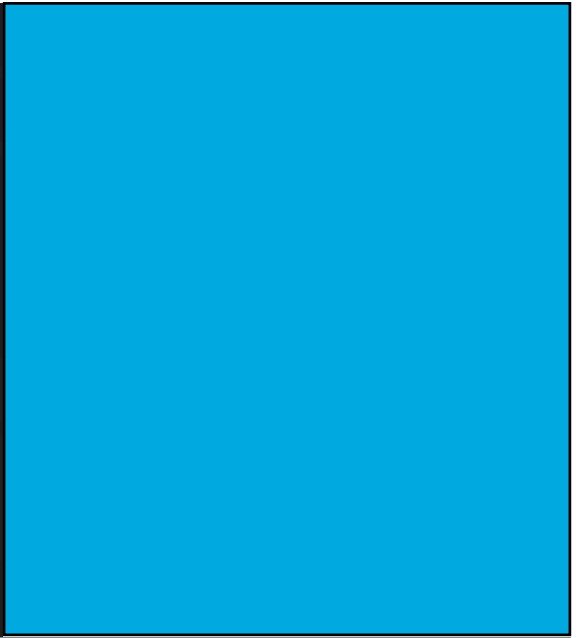
Hello!

Thank you for your interest in including me in your conference or training! I have dedicated my life to assisting businesses and professionals in their quest to achieve success, and look forward to doing the same for your group.

Over the past twenty years, I have presented to countless groups, and have found that the key to a successful conference, presentation, or training is to engage the audience. People generally want to learn something new. They want new ways of looking at old problems, and insight into what makes them unique, and what motivates the people around them. As such, my presentations are designed to energize participants' introspection, while providing practical solutions to common business and personal challenges.

I have included only the most requested presentations in this overview, and offer a variety of other topics determined by the needs of the audience.

Should you require any additional information, please contact me directly. I am happy to discuss the goals and needs of your event, and determine how best we can work together to provide an informative, inspiring, and stimulating conference or training!



About

From high-level sales to high-profile coaching, Karen Nutter incorporates her diverse experiences to share applicable messages on leadership, sales, emotional intelligence, and personal development. Audiences connect with Karen and become engaged in their own learning and advancement while developing a greater understanding of the topic at hand.

Incorporating real-life case studies, as well as her own encounters and observations, **Karen's presentations** offer a light-hearted yet relevant **look at pivotal topics in business today.** Additionally, she is able to simplify even the most complex material, ensuring participants leave with beneficial information they can easily incorporate in their career.

A noted coach and author, **Karen works with all categories of businesses to help them identify and overcome barriers to success.**

Education: BS University of North Florida

Certifications: Certified Emotional Intelligence Analyst®, Certified Master Coach®, Certified Professional Motivators Analyst®, Certified Professional Behaviors Analyst®, Certified Intrinsic Coach®

Author: The Power Of EQ: Stronger Leadership Through Emotional Intelligence

Professional Involvement:

- Member of Board of Directors of the Society of Emotional Intelligence
- Member of the Year: BNI Hurricanes
- Past-president of Chamber of Commerce, Downtown chapter
- Past-president of Toastmasters, Arlington chapter

TOP PRESENTATIONS

What Every Business Should Know About EQ

Highlighting parts of her book, *The Power of EQ: Stronger Leadership Through Emotional Intelligence*, this presentation demonstrates and explains how EQ assessments and trainings can be used to motivate and enhance the skills of leaders, managers and employees.

“Anyone looking to advance their career or improve their interpersonal relationships will benefit from *The Power of EQ*. Pick up a copy and discover the real secret to success.”

Jon Gordon, author of *Soup* and *The Carpenter*

Also available with a copy of the book for each participant

Minimum Timeframe: 55 minutes



5 Ways to INCREASE Your EQ

Everyone benefits when they focus on increasing their emotional intelligence. Starting with five simple changes, participants learn how to incorporate them into every part of their life for better communication, understanding, and success.

“Increasing your emotional intelligence can make all the difference in your career and your life. People with high EQ are more empathetic, they are able to communicate their knowledge in a way that encourages others to express themselves.” Karen Nutter, *The Power Of EQ: Stronger Leadership Through Emotional Intelligence*

Minimum Timeframe: 45 minutes

Tips For Dealing With Difficult People

Co-workers, clients, vendors, and even leaders can be difficult to work with due to their negativity. Learning how to manage one's own feelings can diffuse conflict and create a more productive atmosphere.

“You can't change someone else. The only person you have control over is you, so why not learn how to handle your thoughts and emotions and create a more harmonious world for yourself?” Karen Nutter



Minimum Timeframe: 45 minutes

Finding Contentment In A Chaotic World

With so many demands today, it takes a lot of skill to balance everything. When people know how to find contentment in life, they are happier and have a renewed sense of purpose. And, content employees are productive employees, so everyone benefits from this engaging presentation.

“Too many people think contentment is unattainable. I'm here to change that! Yes, the world is chaotic and there are numerous demands on us every day. But, why would you want to live a dis-content life?” Karen Nutter



Minimum Timeframe: 45 minutes

Additional topics are available upon request, and customized presentations can be developed to meet your specific goals.

OVATIONS



"I am a member of WOWS (women on wallstreet) at Deutsche Bank. We wanted a business coach to come and speak to our members about the power of Emotional Intelligence. It was a fantastic turnout of both men and women, in various levels of business management. She was very engaging and dynamic. We received wonderful feedback afterwards from multiple managers who appreciated her demeanor of listening and giving honest feedback."

"As a speaker at our annual conference for Chief Clinical officers, Karen Nutter engaged the group with real life illustrations and application of the EQ assessment as a personal and professional development tool. Her repeated theme of "choose where and how you want to grow" as a powerful tool of leadership was challenging and energizing."



"I had the pleasure of hearing Karen speak at the BNI Annual Conference in January. In a room full of 100's of people, I felt like Karen was speaking directly to me. She has a knack for relating to people of all walks of life and personalities. If you have the opportunity to hear Karen speak, I highly recommend it. I promise you will walk away with valuable information that you can apply to your professional and personal lives. Her tips are known to empower and motivate all who listen."





Contact Karen

Regardless of the size of the company or the experience of the audience, Karen is known for connecting with people of all types.

Over the course of her career, Karen has presented to groups all over the US and Canada. If you would like her to speak at your conference or meeting, or if you would like additional information regarding topics, fees, and options, please contact us.

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